



Decalogue for Sustainability

by M'illumino di Meno



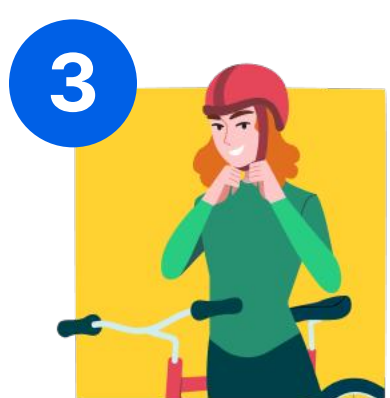
1 Turn off the lights and ask other people to turn off the lights

At home, at work, in your building and in your town!



2 Have a candlelit dinner

Prepare an anti-waste dinner using the leftovers and low impact foods.



3 Give up your car

Walk, go by bike, use public transport or shared mobility.



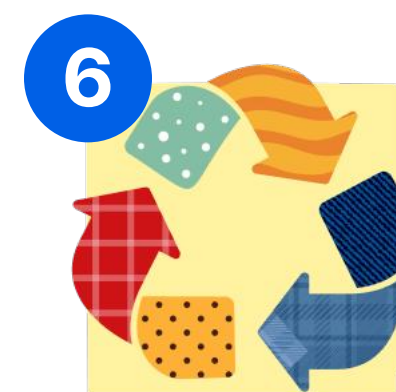
4 Organize awareness-raising activities

On energy efficiency and climate change: talk to your students, colleagues, customers...



5 Get planting!

Trees and flowers are marvelous machines for reversing climate change.



6 Choose circular economy

Give new life to the items you don't use anymore, for example at a swap party.



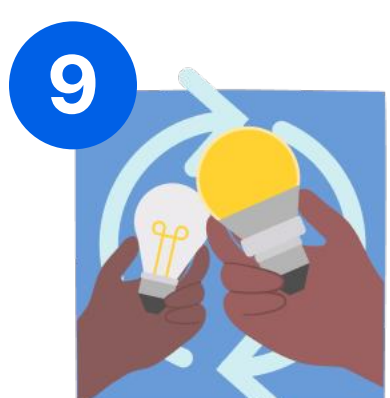
7 Share

A car ride, your wi-fi... to reduce consumption and optimize resources.



8 Organize a non-energy-consuming event

Such as an unplugged concert, a low-light sporting event, a stargazing session.



9 Improve energy efficiency

Make your home greener: defrost the refrigerator, install faucet aerators...



10 Turn down the heat

Put on a warm sweater!